

NORTH WARREN REGIONAL HIGH SCHOOL
FOOTBALL CAMP
JUNE 27 28 AND 29



Location: North Warren Regional High School

Items Needed for Mini Camp:

- 1. Sneakers**
- 2. Cleats**
- 3. White T-Shirt (plain)**
- 4. Navy Shorts (upperclassman) and Red Shorts (freshman)**
- 5. White Socks**
- 6. Water**
- 7. Clean Clothing**
- 8. Clothing/ Hygiene essentials as well as sleep over essentials from June 28 into June 29**
- 9. All appropriate release forms for booster club**



May 2022

Dear Football Families,

Hello! Welcome to North Warren High School 2022 Football Season! We are excited to announce that the NW Summer Football camp is back and open to all NWRHS football players as well as to any other NWRHS athlete considering joining football for the 2022 Season.

The camp will be held at our own NWRHS and our high school football staff will be running the camp led by head coach, Coach Fluri. The purpose of the camp is for individual and team skill building as well as team bonding.

Camp will be held on Monday, June 27th – Wednesday June 29th. The camp cost will be \$75.00 which includes one pair of practice shorts, 4 meals as well as Gatorade/Water for all three days. The upper classmen including grades 10 through 12 will need to wear a plain white crew t-shirt, navy shorts. The 9th grade level athletes need to wear a plain white crew t-shirt and red shorts. All athletes will be sleeping overnight at NWRHS. Athletes need to bring a sleeping bag, pillow, shower supplies, clothes for bed, and clothes for next day practice.

Preregistration is required this year and all forms are due back no later than Wednesday, JUNE 8th.

Please be sure all forms as well as the \$75.00 camp fee are returned together. All checks need to be made payable to NWFBC, PO BOX 82, Blairstown, NJ 07825. Please know if this camp is a financial burden for your family, your child can absolutely participate and NWFBC will provide them the opportunity to do so.

A friendly reminder that your player needs to eat breakfast at home on the morning the camp starts 6/27 and will be home for dinner that same day. Please contact Kristin Shipps from the NWFBC with any questions at 908-812-8988 or email at kshipps4@gmail.com

Sincerely,

North Warren Football Booster Club

2022 NWRHS SUMMER FOOTBALL CAMP REGISTRATION

Full Name: _____ Circle (Adult)Size Shorts S M L XL 1x 2x

Grade(Fall'22): _____

Allergies: _____

Additional shorts may be purchased for \$17 each

Parental Release

(Must be completed in order to participate in Camp)

I, _____ (parent/guardian) give permission for _____ (name of camper) to attend and participate in the NWRHS Summer Football Camp from Monday June 27, 2022 through Wednesday June 29, 2022. I authorize the staff of the camp to use their best judgment in allowing my child to receive emergency/medical or surgical treatment if necessary. I understand that every effort will be made to contact me prior to such action.

I hereby

1. **Certify that, to the best of my knowledge, the medical information is complete and correct,**
2. **Agree to assume all risk of personal injury arising from participation in this camp, understanding that this sport does involve the potential for injury.**
3. **Agree not to hold the staff responsible for any injury sustained during camp participation.**
4. **Agree not to bring suit against the NWFBC for any injury sustained.**
5. **Agree to allow the camp director to use sound judgment in obtaining necessary medical care, at the expense of the parent.**
6. **Agree to accept any decisions made by the Camp Director in terminating attendance due to unacceptable behavior.**

I, _____ can be reached by
phone at: _____ (day) _____ (eve)

An emergency/alternative contact person is _____
He/She can be reached by phone at: _____ (day) _____ (eve)

Insurance Company _____

Policy Number _____ Group Number _____

Policy Holder's Name _____

Signature of Parent/Guardian _____ Date _____

**PLEASE MAIL COMPLETED FORM AND PAYMENT TO NWFBC PO BOX 82 Blairstown, NJ 07825
by JUNE 8th**

Tentative Schedule

Day 1 Monday	
Check In (meeting) Get Equipment Helmet	9:00 am
Session One	10:00 am-11:30 am
Rest-Hydration Period	11:40 am-12:00 pm
Session Two	12:00 pm – 2:00 pm
Rest-Hydration Period	2:00 pm – 2:40 pm
Session Three	2:40 pm- 4:40 pm
Cool Down	4:40 pm -4:55 pm
Dismissal	5:00 pm

Day 2 Tuesday	9:00 am arrival
Field Warmup	9:30 am – 9:50 am
Session One	10:00 am – 12:00 pm
Rest-Hydration Period	12:00 pm – 12:45 pm
Session Two	1:00 pm- 3:00 pm
Rest-Hydration Period	3:00 pm -3:45 pm
Session Three	4:00 pm – 6:00 pm
Dinner	6:30 pm
F.A.M.I.L.Y- Movie	7:30 pm – 10:30 pm

OVERNIGHT

Day 3 Wednesday	8:00 Breakfast
Field Warmup	9:00 am – 9:20 am
Session One	9:30 am – 11: 30 am
Rest-Hydration Period	11:30 am – 12:15 pm
Session Two	12:15 pm – 3:00 pm
Bonding/ Pie Period	3:00 pm- 3:45 pm
Dismissal- Camp 2022	4:00 pm