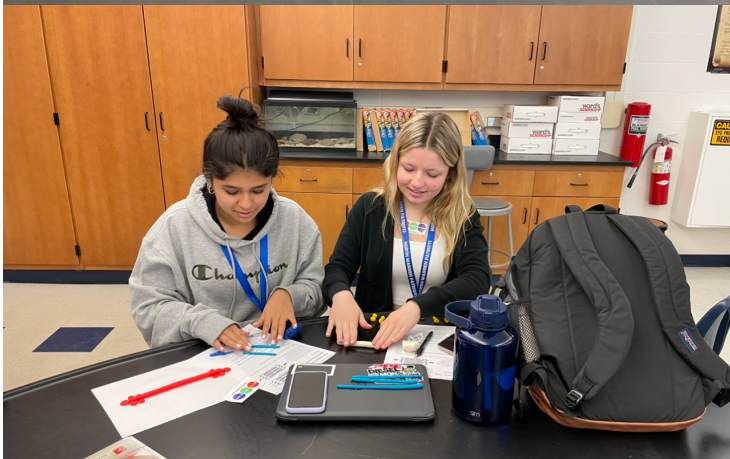
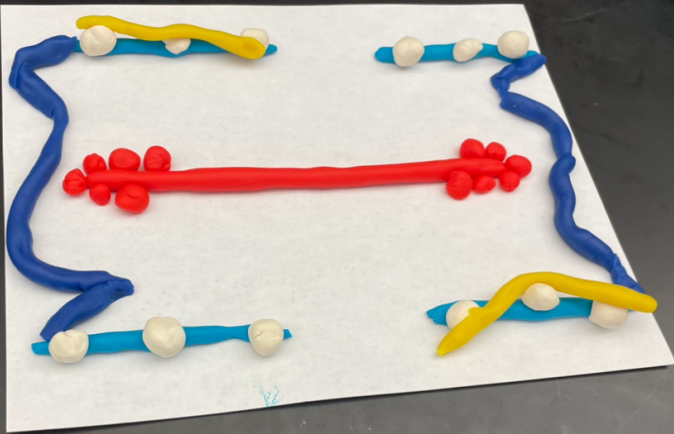
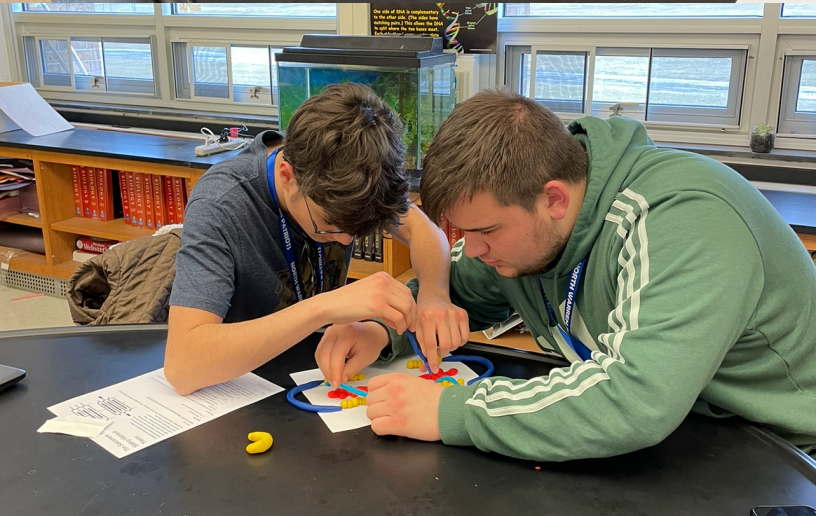




Hands on learning in Anatomy & Physiology



Students created sarcomeres showing the sliding filament theory with play doh!



From the School Counseling Office

Important Dates

- March 22 - Coffee House
- March 24, 25, 26 - Anastasia
- March 25 - Science Fair
- April 7- April 14 - Spring Break



After School Counselor Workshops will continue! Check your Google Classrooms for sign up forms!

#LevelUp of the week

Dominic LoManto

Mrs. Dollard wants to share that Dominic is everything a Patriot should be! He has a meticulous work ethic and he frequently helps his peers!



NWR on Social Media



North Warren Regional School District



@NorthWarrenHS



@NorthWarrenReg



@NWRPatriotPride

Winter Sports and Activities Highlights

Winter Track



NWR Varsity Winter Track had a great season. We obtained many personal records and had new athletes come out this year for the first time. We had a great time in the state sectionals and had Zach Haase make it to Groups for the 3200m Run. Overall, this season was a blast and the athletes' work and performances made the season fly by.

-Coach Drum



MS Winter Track



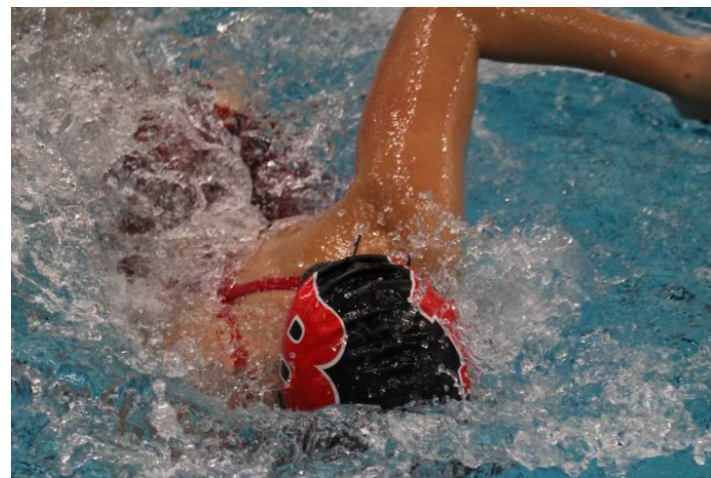
The middle school track team trained hard all season and their results showed it. Every athlete on the team achieved a personal best in each of their events this year. The team competed against high school and college runners in two indoor showcases at Monmouth University. They ran confidently and had an amazing day of races with close finishes. We are so proud of how they came together as a group. Look for these 8 athletes next year as they continue their careers on the North Warren high school track team! - Coach Benzaia

Swimming



North Warren Swim Team co-op swims with Belvidere HS. Vivian Drescher is the only swimmer from North Warren and one of the captains. Vivian is a freestyler; her events were the 50 and 100 Free, 200 Free Relay. She is one of the team's most valuable swimmers.

The team placed 8th overall at the Hunterdon Warren Sussex County Championship. The team qualified for the 2022-2023 Girls Swimming North 2, Group C State Tournament. They won the first round against Hoboken HS and lost the second round to Glen Ridge High School. - Coach Beaney



Girls Basketball



The girls' basketball team had a great season this year. The team was led by seniors Shaelin May, Karissa Shaffer, Kyla Gillen, and Faith Leverett. The highlight of the season was two big wins over conference rival Walkill. The girls were dedicated, worked hard, and had a successful season. - Coach Masker

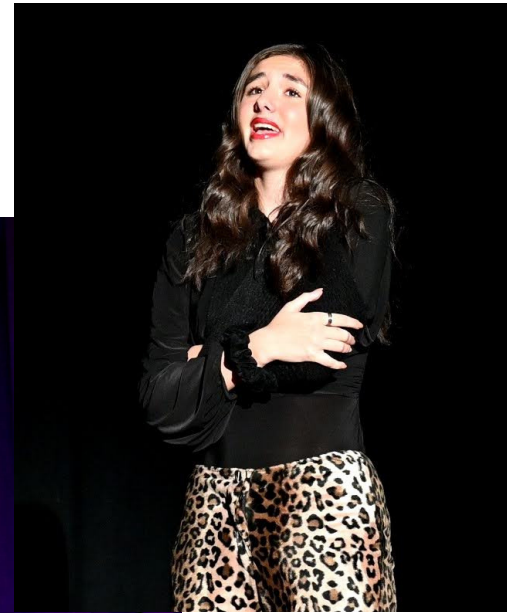


MS GIRLS BASKETBALL

The middle school girls basketball team had a stand out season! Each player was dedicated to growing as a basketball player and teammate. The coaches are very proud of how hard each athlete worked and enjoyed seeing them showcase their skill in every game. We are so excited to see what next year holds for our team and wish the best of luck to the 8th graders as they move up to the high school!- Coach Suk



BROADWAY NIGHT



In our Broadway Night, students chose their favorite Broadway musical or Disney song, and performed on stage. This event is a fun, fast paced rehearsal environment. At the end of the performance, the group showcased a number from the upcoming spring musical, to get the audience excited to come see the full show. This experience was a great way to build confidence in the performers. Plus, the students get to show off their many talents and have some fun on stage. - Mr. Hansen

WRESTLING

NORTH WARREN WRESTLING TEAM FINISHED THE SEASON 5-19.

THE HIGHLIGHT OF THE SEASON WAS A BIG WIN OVER RIVAL BELVIDERE. JAMES DACUNTO REPRESENTED NORTH WARREN AT THE STATE TOURNAMENT WHERE HE WENT 2-2. JAMES WAS NORTH WARREN'S FIRST STATE QUALIFIER IN OVER 10 YEARS. GRADUATING SENIORS INCLUDE JJ WOHLERS, THOMAS DUGAN, BOBBY MAZA, AND BOHDAN OLEFIRENKO. - COACH BRADLEY



MS Boys Basketball



THIS SEASON THE MIDDLE SCHOOL BOYS BASKETBALL TEAM WORKED SO HARD ON AND OFF THE COURT. GOOD LUCK TO THE BOYS WHO ARE MOVING FORWARD TO PLAY WITH THE HIGH SCHOOL TEAM NEXT YEAR! - COACH HENDERSHOT

Winter Guard



Winter Guard is underway, conditioning members for the Memorial Day Parade and the 2023 Marching Band Season. Color Guard consists of learning multiple techniques, such as spinning and tossing flags and other equipment. Participants also commit to learning dance and marching. We achieve a clean look by focusing on precision and accuracy. Winter Guard is happy to welcome five new rookies this season! - Mrs. Evans

Boys Basketball

The boys' basketball team finished the season with an 8-17 record. Craig Shipps was named to the All-Conference 1st Team, and Christian Otufale was named to the 2nd Team. This year's senior players were Craig Shipps, Jared Van Valkenberg, Brodie McLain, and Mikey Ferro. Returning players are already looking forward to working hard in the off-season with the goal of winning a conference championship next season. - Coach Steingall



**North Warren
Regional PTO**

GRADUATION

Yard Signs



Deadline for all orders: 3/31/23

Cost for Sign: \$20.00

**The Order Form can be found in the
News Feed section on northwarren.org**

Student Unity Association

CELEBRATING BLACK HISTORY MONTH

February 1st marks the beginning of Black History Month. Initially recognized by President Ford in 1976 to "honor the too-often neglected accomplishments of Black Americans in every area of endeavor throughout our history," February has been officially designated Black History Month by every U.S. president. During this month, we honor the contributions of many Black Americans throughout history from activists to scientists, musicians, artists, and politicians.

The Student Unity Association highlighted Black History Month in February and is currently highlighting Women's History Month. The Association has developed morning announcements and social media posts to honor prolific figures in each of these heritage months.



Women's History Month

March 1st starts Women's History month in America. Although women in America should be celebrated and praised for their accomplishments every day of the year, the national month started as a local celebration in Santa Rosa, California, in 1978. In 1980, President Jimmy Carter proclaimed the week of March 8, 1980, to be National Women's History Week:

"From the first settlers who came to our shores, from the first American Indian families who befriended them, men and women have worked together to build this nation. Too often, the women were unsung, and their contributions unnoticed. But it was the achievements, leadership, courage, strength, and love of the women who built America as vital as that of the men whose names we know so well."

Originally viewed and celebrated as a week, it was in 1987 when Congress passed Public Law 100-9, changing the week-long celebration to a month-long recognition.



**Students
working
together to
build a chair.**

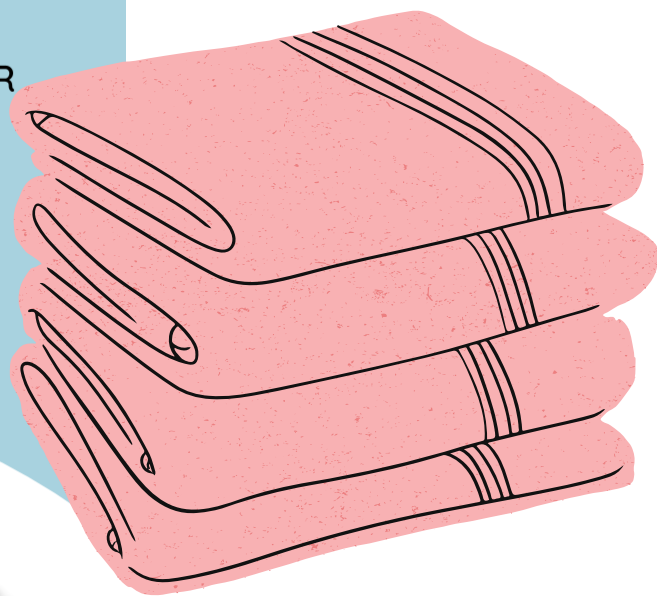
WOOD TECHNOLOGY

**Showing off
a beautiful
project from
class.**



NORTH WARREN REGIONAL FRIENDS OF RACHEL

WE ARE COLLECTING
NEW TOWELS AND XL TWIN SHEETS TO
SUPPORT VETERANS HAVEN NORTH, A SHELTER
FOR HOMELESS VETERANS.



**DROP OFF DONATIONS TO THE FRONT
LOBBY OR MRS. RICHARDSON BY
TUESDAY, MARCH 21**

**College Fair at Warren Hills Reg HS on March 22 at
6:00pm, See your counselor for a full list of colleges
and universities!**

University of Alabama
Alvernia University
Caldwell University
Commonwealth Universities:
Bloomsburg University
Mansfield University
Lock Haven University
DeSales University
Drew University

Georgian Court University
Keystone College
King's College
Marywood University
Monmouth University
Montclair State University
Moravian University
University of New Haven

Paul Smith's College
Penn State University
Ramapo College of NJ
Rider University
Rowan University
Rutgers University - New Brunswick
Rutgers University - Newark
Saint Elizabeth University

The University of Scranton
Seton Hall University
St. John's University
Stockton University
Wagner College
William Paterson University
Wells College

2023 College Fair

Sponsored by the PTSA

**March 22 6:00pm - 7:30pm
WH Cafeteria**

North Warren Regional High
School Presents

Anastasia

A Broadway Musical



Scan the QR code below to
purchase tickets!

Friday, March 17th @ 6:00pm
Saturday, March 18th @ 6:00pm
Sunday, March 19th @ 12 noon

Friday, March 24th @ 6:00pm
Saturday, March 25th @ 6:00pm
Sunday, March 26th @ 12 noon

Tickets are available February 17th

