



# From Casting Lines to Cannonballs: Play safe this summer!



## SAFETY AROUND WATER WEEK JUNE 22-26

Sussex County is home to hundreds of pools, lakes, ponds, creeks, and rivers where we all love to swim and play. Make your summer safer by enrolling in our safety around water program.

### WHAT IS THE Y's SAFETY AROUND WATER PROGRAM?

The YMCA's free 5-day program teaches children of all ages and from all backgrounds that water should be fun, not feared. Certified swim instructors will teach skills that reduce the risk of drowning and give children the confidence to be in and around water.

### REGISTRATION IS OPEN!

Visit [metroymcas.org/safety-around-water](http://metroymcas.org/safety-around-water)

### SUSSEX COUNTY YMCA

15 Wits End Rd, Hardyston

973-209-9622

Programs for Preschool, School Age, Teens & Adults!



Not a school sponsored program



# **THE** *Original Learn* **to Swim** **PLACE**



Make the Sussex County Y your place for safety  
and confidence in the water.

## **SUMMER SESSION: June 27–August 22**

Preschool Classes: 30 minutes

School-Age Classes: 40 minutes

Junior & Senior Fit Classes: 40 minutes

Adult Lessons: 40 minutes

Private Lessons Available

All preschool and school-age swimmers must complete a free evaluation for proper group placement. All instructors are WSI-certified to provide safe and effective instruction.



**Register In-Person or Online!**  
**[metroymcas.org/swim-lessons](http://metroymcas.org/swim-lessons)**

Sussex County YMCA  
973-758-9039 ▶ [metroymcas.org/scy](http://metroymcas.org/scy)

Not a school sponsored program.